



PETERBOROUGH SAILING CLUB

P.O. Box 223, Peterborough, Ontario, K9J 6Y8

www.peterboroughsailingclub.org

2007 JUNIOR SAILING CAMP - Ontario Sailing Association BOOM Program

The Peterborough Sailing Club (PSC) has been a part of the Kawartha community for over thirty-five years. Located on Clear Lake, north of Young's Point, on the Cottage Lane off the Clear Lake Road, the Club is easily accessible to cottagers and residents of Peterborough. Sailing Club membership is not required to participate in the Sailing Camp programme.

Sailing instruction will continue to be the focus of this year's camp, under the leadership of instructors certified by the Canadian Yachting Association (CYA). Overall direction of the Sailing Camp will be the responsibility of a senior member of PSC's executive.

Our philosophy is to provide an opportunity for children to participate in programmes that facilitate their individual and social development while focussing on sailing and fun, in a structured, safe and caring environment.

The PSC Sailing School plans to operate Monday through Friday, 9am to 4pm, as outlined on the registration form. Registration is limited and 1st priority will be given to club members, so we encourage participants to register as soon as possible. A fully completed registration form must be accompanied by a cheque for fees.

THE JUNIOR SAILING CAMP PROGRAMMES

For youth age 8 through 18, the PSC Sailing Camp offers a junior programme that is intended to develop sailing skills that will last a lifetime. This year we offer the CYA's White Sail programme and the completion of Bronze level for those who started in previous years.

CYA White Sail Levels I, II & III stresses basic sailing skills and safety. CYA certified instructors will bring a variety of new or top condition double handed dinghy's to the club as part of the Ontario Sailing Association's Boom Mobile summer sailing school program. In addition to their own boats, the club's 420, Albacores, Lasers and Opti prams are also available to the instructors, if needed. This course provides a balance of theory and on-the-water experience. Besides learning the parts of a boat and developing a basic knowledge of sail boats, students in White Sail I, II & III learn the rules of the water, sail trim, helming and basic sailing maneuvers including tacking and gybing. Students interested in White Sail can apply for the first 4-day camp or the second 5-day camp or both combined, if space is available.

The Bronze programme is offered for intermediate sailors who have completed their White Sail III or who are already working on CYA Bronze level certification. Students taking the Bronze programme must attend both weeks. These students will be invited to join the PSC's regular races, on Wednesday evenings and Sunday afternoons.

For more information, call Mary Jane Smith at 741-3088.

REQUIREMENTS FOR SAILING CAMP 2007

Note: Space is limited and priority will be given to club members. Your child is not considered registered until receipt of **1)** completed registration form, and **2)** payment in full.

- 1) Minimum age: 8 years as of July 1, 2007
Maximum age: 15 years as of July 1, 2007
- 2) Must be able to swim 20 metres unaided.
- 3) Must have a properly fitting Department of Transportation or Canadian Coast Guard *approved* life jacket. This may be purchased through a local boating supplies store or an outdoor sporting goods supplies store which carries boating equipment.
- 4) Required clothing: Deck shoes or running shoes with non-marking soles
Complete change of warm clothes (there are change rooms at the club)
Windproof/waterproof jacket
Sun hat, bathing suit & towel, waterproof sun screen
- 5) **MUST** bring own lunch. There is a refrigerator available.
- 6) Dates: **1st Camp - July 3 - 6**, Tuesday to Friday, 9am - 4pm
2nd Camp - July 9 - 13, Monday to Friday, 9am - 4pm
Combined camps (required for Bronze), July 3 - 13, weekdays only, 9am - 4pm
- 7) **Fees:** **1st Camp** - Members: \$210 for the session, Non Members: \$255 for the session.
2nd Camp - Members: \$265 for the session, Non Members: \$315 for the session.
Combined Camp - Members: \$465 for the session, Non Members: \$560 for the session.

Registration fees include a \$10 non-refundable boat damage fee that will be accrued in the Club's boat repair fund. Cheques are payable to the Peterborough Sailing Club and must be submitted with the registration form.